

The Center for Mindfulness and Consciousness Studies
at the UNIVERSITY OF PITTSBURGH
presents a

Mindfulness Fair

Saturday, March 19, 2016

10 am – 3 pm

Frick Fine Arts Building

Information Tables
Collective Practices including Yoga
Discussion Groups and Presentations
Activities for Kids
Refreshments
Admission is Free

ALL ARE WELCOME

For information, go to our Facebook event page: **Pitt Mindfulness Fair**
You can also check our Website: **mindfulnesspitt.org**
Or send an email to **mindfulnesspitt@pitt.edu**



the year of the
HUMANITIES
IN THE UNIVERSITY