

# Three Rivers Tibetan Cultural Center presents

## The Precious Sutra of The 35 Buddhas      Sunday 4/3/16



**10:00 am-12:00 pm:** The Teaching of the Sutra

**2:00-:5:00 pm:** The Practice of Prostrations

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*The Sutra of the 35 Buddhas*, also known as *The Sutra of the Three Heaps*, is a powerful purification practice which includes prostration, confession and dedication. The practice is done for the benefit of purifying negativity, accumulating merits, and especially for the purification of the downfall of all vows, including the *Vinaya Vows*, *Bodhisattva Vows*, and *Tantra Samaya Vows*.

**Khenpo Choephel**, spiritual director of **TRTCC**, will explain the meaning and purpose of the teaching in details and lead us in the full prostration practice.

*Suggested donation for the teaching is \$35 for the whole day.* Please give what you can. No one will be turned away for lack of funds

[www.threeriversdharma.org](http://www.threeriversdharma.org)  
[www.threeriverstibetancc.org](http://www.threeriverstibetancc.org)

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